MARSHALL COUNTY MCFSC family support center

SUMMER - FALL 2026

WHAT'S IN THIS ISSUE:

- A NOTE FROM THE FSC (1)
- CIRCLE OF PARENTS (2, 3)
- GUARDIAN-CHILD ACTIVITIES (3,4)
- TRAVELING GIVING RESOURCE TREES (4)
- BUILDING HEALTHY FAMILIES SERIES (5)
- WORKFORCE WORKSHOPS (5)
- FRN 30 YEARS (6)
- HEALTHY CLASSROOM PROJECT (6)
- BACK TO SCHOOL SHOPPING SPREE (7)
- MOUNTAINEER FOODBANK FOOD DISTRIBUTION (7)
- BLESSING BOXES (8)
- QUARTER IN REVIEW (8)

Marshall County Family Support Center
1501 Second St., Moundsville, WV 26041
P: 304-845-3300
E: marshallcountyfsc@gmail.com

A NOTE FROM THE FSC:



As summer came to a close and a new school year began, the FSC and our community partners continued working together to support families throughout Marshall County. This quarter brought opportunities for families to connect through playgroups and community events, learn new skills through our Building Healthy Families workshop series, and access essential resources to help meet their needs. We also celebrated 30 years of the Marshall County Family Resource Network, recognizing the partnerships and community support that makes this work possible.

The FSC remains committed to helping families build healthy, stable futures by connecting them with resources, educational opportunities, and support when they need it most. Whether through a family activity, a hands-on workshop, or assistance accessing essential supplies, we are grateful for every opportunity to serve our community. Thank you to the families, volunteers, community partners, and supporters who help make this work possible. We look forward to continuing to strengthen families throughout Marshall County in the months ahead.

CIRCLE OF PARENTS

Moundsville Playgroup

The Moundsville Playgroup continued bringing children and caregivers together throughout the summer and early fall, with gatherings held in July, August, and September. Each playgroup featured a unique theme and engaging activities designed to encourage creativity, learning, and connection. Families enjoyed Fourth of July themed crafts and activities at GlenDale Park in July, followed by Garden Adventures at Park View Playground in August, where children painted rocks, decorated flower pots, created bird feeders, and enjoyed free play. Each child also received a book to encourage reading and learning at home.

In September, families gathered at East End Park for a special visit with Police Chief Mitchell. Children had the opportunity to explore his police car, participate in a craft, and learn about the important role police officers play in keeping our community safe. We appreciate all the families who joined us this quarter and look forward to continuing to provide fun, educational opportunities for children and caregivers throughout Marshall County.









Mom Walk and Talk

Mom Walk & Talk continued providing parents and their little ones with opportunities to get outdoors, enjoy physical activity, and connect with other families. Walks were held at the Valley Fork Baseball Complex Trail in July and East End Park in August. These gatherings offered families a welcoming opportunity to spend time outside, enjoy conversation, and build connections with other parents. We look forward to continuing to bring moms and their little ones together through Mom Walk & Talk!



Cameron Playgroup

Cameron Playgroup returned this fall, bringing children and caregivers together for opportunities to play, learn, and connect. This quarter, the FRN introduced a new literacy component, with each participating child receiving a free book to take home. This initiative encourages early childhood literacy and helps families build their own home libraries while supporting learning beyond playgroup.

GUARDIAN-CHILD ACTIVITIES



Community Day at Riverfront Park

On August 22nd, the FSC participated in Community Day at Riverfront Park, joining community partners to provide a fun-filled day for local families. The FSC hosted a children's duck pond activity, where children could win prizes based on the duck they chose. Toothbrushes, keychains, and resources were also distributed to community members in attendance. We were thrilled to take part in the community day celebration and help families with resources while providing activities for children to enjoy.

Paint and Snack

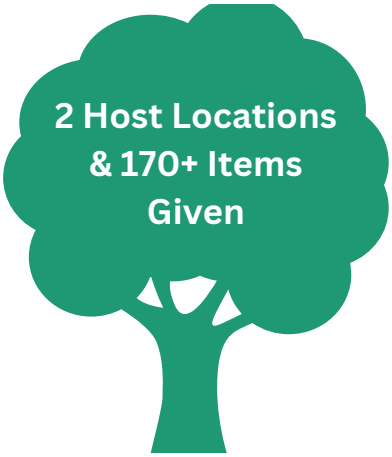
On September 29th, the FSC partnered with the FRN and PAT programs to host a Guardian-Child Paint and Snack event at the Cameron Library. The event brought together 10 children and 5 adults for an opportunity to spend quality time together through a fun, creative activity. Kids got creative with a fall-themed painting while enjoying a snack and spending time together.

Thank you to the Cameron Public Library for allowing us to use their space, and to our PAT Educator and Supervisor, Nikki Hill, for leading our young artists through their paintings. Thanks to everyone who joined us for some fall fun!







TRAVELING GIVING TREES

The FSC Giving Trees continued to serve Marshall County families with free essential supplies and resources. In August, the Giving Tree traveled to Head Start Stepping Stones, providing school supplies, Highlights magazines, and hygiene supplies for families preparing for the new school year. In September, the Giving Tree moved to Wesley Park, offering hygiene products, cleaning supplies, and healthcare information.

BUILDING HEALTHY FAMILIES WORKSHOP SERIES



Self-Defense Training

On September 17th, the FSC partnered with the FRN and Upper Ohio Valley Sexual Assault Help Center to offer a free self-defense training through the Building Healthy Families Workshop Series. Open to individuals of all ages and fitness levels, the workshop provided participants with practical self-defense skills designed to encourage confidence, awareness, and preparedness. Eight adults obtained new skills and confidence from the training.



Sweet Preserves and Smart Storage

On September 24th, the FSC hosted the Sweet Preserves and Smart Storage workshop as part of the Building Healthy Families Workshop Series. The workshop welcomed seven adults and two children for an afternoon of exploring creative ways to make the most of summers harvest by making no-cook jam, produce wash and beeswax food wraps.









WORKFORCE WORKSHOPS

The Family Support Center continued offering Workforce Workshops through the quarter to help individuals prepare for employment and reach their career goals. These workshops provide assistance with resumes, job applications, interview skills, and other employment related needs. Although no participants attended during the quarter, the FSC remains committed to making these services available. Workforce Workshops will continue to be offered - Call 304-845-3300 to schedule an appointment.

CELEBRATING 30 YEARS OF THE MARSHALL COUNTY FRN







On August 19th, the Marshall County Family Resource Network celebrated 30 years of providing resources, services, and support to children and families. Community members and partner agencies gathered at the FRN office to mark this special milestone, tour the facility, and celebrate three decades of community collaboration. Approximately 70 people attended the celebration, reflecting the strong network of organizations and individuals who help make the FRN's work possible.

As we look back on 30 years of service, we are grateful for the community partners, volunteers, supporters, and families who have been part of this journey. Their continued commitment helps the FRN and FSC connect residents with resources, strengthen community relationships, and support families throughout Marshall County. We look forward to continuing this work for years to come!

HEALTHY CLASSROOM LICE KIT PROJECT

As part of the Healthy Classrooms Project, funded by the Women's Giving Circle, the FSC prepared and distributed lice kits to help Marshall County families access essential supplies for lice treatment. A total of 60 kits were distributed across 15 locations, including all 13 Marshall County schools, the Marshall County Health Department, and DoHS.



Each kit included a lice treatment kit, a garbage bag, a lice treatment tip sheet, laundry detergent, and a survey to help track remaining supplies at each location.

BACK TO SCHOOL SHOPPING SPREE

The Family Support Center and Family Resource Network partnered with EQT to host the annual Back to School Shopping Spree in July, helping local students prepare for the upcoming school year. Through this partnership, 48 middle and high school students received an individualized shopping experience where they could select clothing, shoes, hygiene products, and other school necessities based on their personal preferences. Each nominated student also received a bag of food to take home.



A total of 86 students were nominated by their schools, and 65 students were selected for shopping appointments. Ultimately, 48 students successfully completed their shopping experience. We are incredibly grateful to EQT for partnering with us to make this project possible.

MOUNTAINEER FOOD BANK MOBILE FOOD DISTRIBUTION

The FSC continued partnering with the Mountaineer Food Bank and the Marshall County Fair Board to help local families access nutritious food through two mobile food distributions. The distributions took place on August 20th and September 17th. With the help of volunteers, families received a variety of food items including meat, vegetables, bread, and eggs. More than 220 families received food during the August distribution, followed by more than 200 families in September. We are grateful to the Marshall County Fair Board for agreeing to host this event at the Marshall County Fairgrounds.







MARSHALL COUNTY BLESSING BOX RESTOCKS

The FSC continued supporting the Blessing Box restocks across Marshall County to help community members access essential food items. Restocks took place twice a month, with non-perishable food items organized and delivered to pantry locations thoughout the county.

Blessing Boxes are available to community members who need food assistance, providing a convenient way to access non-perishable items. Community members can support this project by dropping off donations of non-perishable food at any of the Blessing Box locations or at the Marshall County FRN office. Every donation helps keep these resources available for individuals and families in our community.

A special thank you to David Bougher, who donates his time to restock the Blessing Boxes and helps keep them accessible to those who need them. We are grateful for his continued support.

THIS QUARTER IN REVIEW



FOR ADDITIONAL INFORMATION, PLEASE CALL THE FRN AT 304-845-3300 OR SCAN THE QR CODE:

FOLLOW OUR FACEBOOK PAGE FOR PROGRAM UPDATES, PARENTING TIPS, COMMUNITY EVENTS, AND MORE!