## Highlights 2024

#### MARSHALL COUNTY FRN

Volume II, December 2024



### Season's Greetings, Friends of the Marshall County FRN:

As 2024 comes to a close, I am overwhelmed as I sit and reflect on the past year here at the FRN. This was our best year yet, and I can proudly say it was achieved not only by the amazing team we have at the FRN, but also by your support.

With the hustle and bustle of the holidays quickly approaching, we want to hit the pause button and show you what your support helped us accomplish. As much as I want to share all the wonderful projects, programs, and events we participated in this year, we are only capturing a small glimpse into our year. Here at the FRN, we face every day with the desire to meet people where they are and help guide them in a direction to better their quality of life. We strive to help every single person that calls or steps through our doors with the assistance they are seeking. This year, we have seen a dramatic increase in need. It is through partnerships and collaborations that we have been

able to meet these needs and have a greater impact on the community. Overall, with your help, we are making Marshall County a better place to live and work.

As I roll into my second year, I am so excited to continue this journey serving as Executive Director for the Marshall County FRN. We are looking forward to bringing some new and exciting opportunities, as well as expanding on previous projects, programs, and events in Marshall County. Keep abreast of our upcoming events on all social media platforms or check out our website at

www.marshallcountyfrn.com.

Again, we cannot thank you enough for your continued support of the FRN. We acknowledge that much of our work would not be possible without your support and we are truly grateful.

# truly grateful.

Kímberli Green, Executíve Dírector

#### In this newsletter you can expect:

Meet Our Team

Project Highlights

How to Help

By the Numbers

**Board Members** 

#### Meet Our Team

The Marshall County FRN has a dedicated team to help carry out its mission of "making Marshall County a better place to live and work."



Traci Kinney
Family Support Center
Director

Traci has been with the FRN since May 2022. She most enjoys helping and supporting families by connecting them to community resources, in Marshall County, during their time of need.



**Nikki Hill**Parents As Teachers

Parent Educator

Nikki has been with the FRN since June 2022. Her favorite part of her job is interacting with families and watching their growth. It makes her job so rewarding to see her clients through all their phases of life!



Jodi Clark
Family Support Center
Coordinator

Jodi has been with the FRN since April 2024. She most enjoys planning and preparing for special events, projects and activities so that local families can participate in them while spending quality time together.



Tammy Brandon
Parents As Teachers
Parent Educator

Tammy has been with the FRN since November 2016. Her favorite part of her position is working with children and helping families in Marshall County.



Sara Wood-Shaw
Outreach Coordinator

Sara has been with the FRN since November 2023. Her favorite part of her position is organizing events that bring families together for quality time and planning community training sessions that empower individuals to acquire new knowledge and skills.



Rachel Hensley
Grant Management

Rachel has been with the FRN since July 2015. She most enjoys playing a supportive role behind the scenes and assisting with a variety of tasks to ensure success for both other staff and the organization.





#### East End Park Hydration Station

The FRN teamed up with the City of Moundsville to install a new hydration station at East End Park. The hydration station includes a bi-level drinking fountain, bottle filling station, and a pet water dispenser. This project was supported with Be Active grant funding provided through the Center for ActiveWV.

On July 17, 2024, the Marshall County FRN team and city officials unveiled the new hydration station with a ribbon-cutting ceremony. The FRN also provided a supply of reusable water bottles for residents to kick-off the opening of the station.

The hydration station is freely available for use by the public, increasing access to water and promoting hydration.



#### **Mobile Food Pantries**

Throughout the year, the FRN held mobile food pantries in conjunction with the Mountaineer Food Bank. At the mobile food pantries, community members could drive through a designated area and receive food that was loaded into their vehicles. Food distributed included both fresh and shelf-stable items. In total, six mobile food pantries were held that served an average of 225 families each time.



#### Resource Fairs

The FRN and Family Support Center participated in over 20 resource fairs and community events this year.

At the resource fairs and events, staff conducted outreach, provided informational materials, and distributed basic health and hygiene items to the community. These events provide a great way to connect with residents and spread the word about programs and services.





#### Youth Mental Health First Aid Training

As a collaborative project, we have been offering more community and parent training or education opportunities. One of these opportunities was a Youth Mental Health First Aid training, presented by NAMI Greater Wheeling. Youth Mental Health First Aid provides participants with an overview of risk factors and warning signs of mental health issues in adolescents and early intervention strategies.

This training was suited for anyone who works or interacts with adolescents, including both professionals and parents. A total of nine individuals attended the training, where they also received a workbook of the material covered to take home.

Look for additional training opportunities coming in 2025.



#### Cleaning Essentials

One type of item the FRN receives requests for, that aren't widely available, are cleaning supplies. Cleaning products are essential items for health and safety in the home or living space. Only a few local pantries or programs offer cleaning products. Plus, these products can be costly to purchase. To help meet this need, the FRN provided 25 cleaning essentials bags to community members and families in need over the year.



#### Hygiene Assistance

Through the Carolyn Dalzell Closet of Hope, hygiene and personal care product assistance is provided to community members and families. This assistance is provided on a case-by-case basis and is part of an array of services. In addition to tangible items, referrals for further assistance are provided and follow-up is conducted to assess for further needs. In 2024, over \$15,000 worth of items were provided to 120 families and individuals in need.





#### Ballin' with Dad

The FRN has a Family Support Center which offers monthly guardian-child activities for bonding, socialization, learning, and fun. In September, the Family Support Center offered "Ballin' with Dad", a free, fun event targeted towards fathers and children. Fatherhood engagement is a component of the Family Support Center's programs and services. Father figures and their children were invited out for an evening of fun and play at East End Park.

The event provided pizza and refreshments, free soccer or basketballs for children, and a scavenger hunt with a prize. "Ballin' with Dad" went very well, with 17 adults and 49 children participating.

The Family Support Center will offer monthly guardian-child events throughout 2025 and plans to gear some of them towards fathers and children again.



#### Children's Cooking Classes

In May, we offered two children's cooking classes, one for elementary school students and one for middle school students. In the classes, children were guided through a recipe, enjoyed a meal they made, and received the ingredients to replicate the meal at home, along with kitchen essentials. A total of 18 students participated in the classes.



#### Potato Distribution

In July, The House of the Carpenter connected with the FRN because they had obtained 40,000 pounds of potatoes to distribute. The potatoes did not meet requirements for making chips, but were otherwise perfectly fine to eat. The FRN picked up 1,500 pounds of potatoes on July 24 and held a same-day distribution at the FRN office in the parking lot. In total, 300 families were provided with fresh potatoes.





#### Teen Christmas Gift Distribution

For the eleventh year in a row, the FRN organized its annual Teen Christmas Gift Distribution project. Many gift distributions are organized during the holiday season, but most of them only serve younger children; the FRN serves teens through high school, as older children can use some holiday cheer too. The FRN partners with the local schools for the project, which help identify and distribute the bags to students.

A total of 277 gift bags for teens were needed this year, which is the second highest number to date. The FRN assembled and provided the gift bags to the schools during the first week of December for distribution to students prior to winter break. Included in the teen gift bags were a variety of hygiene, personal care, and clothing items, plus other gift items. This is one of the FRN's longest running and most impactful projects.



#### Parents As Teachers Group Connections

The FRN has an in-home parenting education program called Parents As Teachers (PAT). Part of the program is holding monthly Group Connections for families, where they can learn, play, socialize, and find mutual support. Throughout the year, the PAT program held 10 Group Connections for families. Families enjoyed activities, refreshments, and time together.



#### Circle of Parents

The FRN also has a Family Support Center. One of the Family Support Center's programs is a Circle of Parents group at Limestone Presbyterian Preschool. The Circle of Parents model is a parent-led group where parents can openly share the successes and challenges of parenting, and provide mutual support. In October, the group held its first meeting and activity, which were enjoyed by the 12 children and 13 adults in attendance.

#### By the Numbers



Projects and Activities
Completed



Families Enrolled in Parenting Program



Program Intake and Referrals Completed



Instances of Emergency
Assistance Provided



In Items Distributed to Community Members

#### How You Can Help

The FRN strives to diligently seek additional resources to support its mission and growth and has a strong network of partners, donors, and collaborators that provide support for its programs and projects. However, additional support will always enable the FRN to serve additional individuals and increase its impact.

Monetary gifts are always welcomed to support the work of the FRN and its programs. Donations can be mailed to or dropped off at the FRN office, located at 1501 Second Street, Moundsville, WV, 26041. Additionally, online donations are accepted at: <a href="https://marshallcountyfrn.com/donate/">https://marshallcountyfrn.com/donate/</a>

High need items regularly used for programs and projects include:

- Deodorant
- Toothpaste
- Toothbrushes
- Body Wash
- Shampoo and Conditioner sets

Donations of new, unopened products are also accepted. Other needed, specific items vary throughout the year; contact the FRN for more information.

THANK YOU TO ALL OF OUR SUPPORTERS: OUR WORK WOULDN'T BE POSSIBLE WITHOUT YOUR CONTINUED GENEROSITY!

#### **Board Members**

Lisa Zukoff	David Allender	Karen Coffield
Board President	Secretary/Treasurer	Secretary/Treasurer

John Gruzinskas	Shelby Haines	Jody Hardman
Board Member	Board Member	Board Member

Scott Reager	Dana Schrack	Christopher
Board Member	Board Member	Turak
		Board Member

## A big thank you to our Board Members for their commitment and leadership!

MARSHALL COUNTY FRN	304-845-3300	
www.marshallcountyfrn.com	1501 Second St., Moundsville, WV	

# Stay tuned and get connected for all of our upcoming and exciting events in 2025! Like and follow us on:







Marshall County FRN

@marshallcountyfrn