



# Food Assistance Guide

Provided by Marshall County Family Resource Network

## **Blue & Gold Christian Center**

7 Church Street, Cameron, WV 26033

304-686-2210

Hot meals after school Monday - Friday for children  
Meal delivery program for seniors Mondays and Fridays

## **Calvary United Methodist Church**

1601 First Street, Moundsville, WV 26041

304-845-2732

Provides a pantry on an as-needed basis - 9 a.m. to 12 p.m. Monday and Friday  
No eligibility requirements

## **Cameron Baptist Church**

62 Squirrel Alley Lane, Cameron, WV 26033

304-686-3301

Provides a pantry Tuesday and Thursday 9 a.m. to 4 p.m. and Friday 9 a.m. to 2 p.m.  
No eligibility requirements

## **Glen Dale United Methodist Church**

700 Wheeling Avenue, Glen Dale, WV 26038

304-845-1140

Tuesday, Wednesday, Thursday - Church Office Hours  
As funding is available

## **Family Service of the Upper Ohio Valley**

51 11th Street, Wheeling, WV 26003

304-233-2350

Hot meals delivered Monday - Friday  
Must be over 60 years-old

## **Feeding Body & Soul Community Kitchen**

800 7th Street, Moundsville, WV 26041

304-845-5080 ext. 0

Hot meal provided daily from 11 a.m. to 1 p.m. (excluding  
Sunday) No eligibility requirements



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## **McMechen First Church of God**

PO Box 102, McMechen, WV 26040

304-232-0388

Call to set up an appointment to receive food

No eligibility requirements - Primarily serving McMechen and Benwood

## **Mt. Olivet United Methodist Church "The Lord's Pantry"**

162 Fairmont Pike, Wheeling, WV 26003

304-242-3162

Pantry: 9 a.m. to 11 a.m. - 4th Friday of the month (3rd Friday in November & December)

No eligibility requirements

## **Shepherd's Pantry**

601 Jefferson Avenue, Moundsville, WV 26041

304-221-9510

Sign up to be a client - provide proof of address and income, social security number for everyone in the household. Can receive food once a month.

## **Temple Baptist Church**

2300 Second Street, Moundsville, WV 26041

304-280-6630

Provides food and hygiene items - 9 a.m. to 11 a.m. fourth Saturday of the month

No eligibility requirements

## **Salvation Army**

700 Jefferson Avenue, Moundsville, WV 26041

304-845-0510

Pantry: 10 a.m. to 12 p.m. - every Thursday

No eligibility requirements

## **Wellspring Pregnancy Center**

1315 Center Street, Moundsville, WV 26041

304-810-0292

Tuesday and Thursday 10 a.m. to 4 p.m.

Sign up to be a client - provides services for expecting mothers and material assistance from newborn through six months. Clients can shop once a month.